

Dudjom Tersar Thröma Nagmo Retreat



led by Venerable Rangrig Rinpoche
~ October 26-29, 2013 ~

From the Terma of Dudjom Lingpa -
The Expansive Treasury of Sky-like Dharmadhata:
Dudjom Tersar Concise Practice Thröma Nagmo Sadhana
in the tradition of Namkha Khyung Dzong
(Nyingmapa Main Centre of West Tibet).

3 Thröma sessions each day:
9:00 am–12:30; 2:00–4:30 pm; 5:00–7:30 pm
Lung required for new participants: 8:30 am Oct 26/27
Retreat Practices: Smoke Offering, Thröma Nagmo and Chöd,
Offering for the Deceased, Feast Offerings and Fire Offering.

~ **Retreat is open to the community** ~

~Translation of Teachings from Tibetan to English and Chinese provided.
Suggested donations: \$20/session, \$55/full day (**\$50 for early bird by Oct. 21**) and
choice of \$20, \$30, \$50+ for 4 Feast Offerings, Smoke and Fire offerings. \$5/hot lunch/day.



Payment options: Paypal/credit card online; cash or cheque at retreat.
To pre-register using Paypal and view schedule and directions
please see www.canadathromasangha.com

To pre-register by phone/email:

In Chinese: Sunny 416-858-7987 Email: tyan99@gmail.com

In English: Julei 416-451-1665 Email: canadathromasangha@gmail.com

In Vietnamese: Theresa 416-558-1258 Email: theresatrinh@rogers.com

In Tibetan: Lhaden 905-825-1195 Email: minya_5@yahoo.ca

For questions or special offering opportunities please contact Sunny or Julei.

Retreat Location: 2 Old English Lane, Markham, ON L3T 2T8.
(Nearest Intersection: Bayview and Steeles Ave. E.) No available parking onsite.

We gratefully acknowledge the generous support of the Buddhist Terma Foundation
www.termafoundation.org